KEYS TO RECOVERY

Never Give Up.

WHO WE ARE



Harm Reduction +
Abstinence = Keys to
Recovery



WHO WE SERVE

- Individuals who have expressed a desire to seek recovery
- May or may not have completed treatment and their long-term goal is to maintain recovery
- Individuals at a minimum must have completed detox prior to being considered for housing placement
- > May or may not be actively using
- High acuity



INELIGIBILITY

The following individuals cannot be accepted:

- >Extremely violent crimes
- ➤ History of arson
- ➤ Sex offenders
- ➤ No desire for sobriety
- ➤Income above threshold
- Families/Youth (under the age of 18)



WHAT WE DO - HOUSING

- ➤ Single and Double occupancy
- ➤ Move-in Support
- ► Landlord Liaison
- >RTA education



WHAT WE DO - SUPPORTS

- Mental Health Support
- ➤ Life Skills Support Groups
- Addiction Support Groups
- Traditional Indigenous ceremonies
- Home Visits
- Case management





3 PHASES TO INDEPENDENCE

Keys to Recovery has a 3 Phase System:

- ➤ Phase 1 Stabilization
- ➤ Phase 2 Preparation
- ➤ Phase 3 Transitions

Individuals have a safe and supportive environment that allows them to work towards maintaining a life in recovery without fear of returning to homelessness



THAT'S WONDERFUL BUT IT SOUNDS EXPENSIVE.



COST BENEFIT ANALYSIS

- >Keys baseline programming saves an estimated \$28 million in 10 years
- >Keys program with the addition of the psychiatric clinic saves an estimated \$184 million cost savings for Albertans over the next 10 years
- >Having their mental health managed appropriately, they no longer need to self-medicate to cope with their symptoms

Many of those who have called us home, have fully integrated back into the community



