



McMan Calgary and Area Rapid Rehousing for Youth



McMan

About McMan Youth, Family and Community Services Association

Each year, McMan positively impacts the lives of more than 18,000 vulnerable individuals in communities across Alberta.

Since 1975, our belief remains to support individuals and families with empowerment, resilience and connection, which, in turn, creates strong communities of people reaching for their full potential.



About McMan Calgary & Area

McMan Calgary & Area delivers more than 20 programs that evoke positive changes and improve the quality of our community.

Our Vision: A community where children, youth and families have the capacity to lead healthy and fulfilling lives.



Rapid Re-Housing

The Rapid Re-Housing model looks for people (both individuals and families) who are experiencing **episodic** or transitional (**as opposed to chronic**) homelessness. Like Housing First it has no “readiness requirements” but is focused on getting people into housing and out of shelters as quickly as possible. People who are eligible for rapid re-housing are usually judged to have low to moderate acuity.

<http://homelesshub.ca>

Why Rapid Rehousing

- Fill gap identified by Coordinated Access and Assessment
- Lower acuity youth not making it to CAA
- Prevention
- Cost effective
- Lower recidivism



About Rapid Rehousing

The Program

- 3 year pilot
- Structure (short term)
- Intensive case management
- Referral (past / present)
- Group living model
- Access to programming Natural support focus
- Place based



Successes and Challenges

- Financial readiness
- Group living (Pro and cons)
- High school Education
- Growing Pains
- Natural Support Framework
- Graduated Rental Subsidy Program
- Addictions
- Short term (pros and cons)
- Low-medium acuity

“I was accepted into the Rapid Rehousing program when I needed it the most. I was in a bad place, both from a physical and emotional standpoint, and being in a more relaxed program helped me get back on my feet. I knew they wouldn’t leave me high and dry if I had a bad week, or a bad month and couldn’t do what I said I would. With room to fail it was a lot easier to actually succeed. For years I had lived with a weight that if I could not do what I was supposed to, bad things would happen to me. Without that pressure I could actually breathe...

...Programs like this are essential. In my case being in a stricter program would have done more harm than good. The people I worked with were understanding, endlessly patient and spoke to me as a person and not a patient. They helped me do what I wanted to do, not telling me what I should do. I’m incredibly thankful to the people that helped me, and I hope that my experience with it can help more people like me in the future by making positive changes. Because without it, my situation could have gotten a lot, lot worse. I really believe having the support of this program saved my life.”

-Rapid Rehousing Youth



Questions?? 😊